



**My Dear LSPS Students,**

**28<sup>th</sup> November, 2025**

You have heard me from time to time saying that you need to be Lasallian Gentlemen in your deeds, thoughts and manners. Remember, this is more than just a phrase – it's a reminder of the kind of character we strive to build in our school community. Being a gentleman means showing kindness through your actions, thinking with empathy and respect, and treating others with courtesy and care.

## Thoughts Gentleman-like Character



<i>Cultivate integrity</i>	Let honesty and moral values guide your decisions – even when no one is watching.
<i>Think before you speak</i>	Avoid impulsive or hurtful words.
<i>Stay humble and open-minded</i>	A gentleman doesn't assume he knows everything. He listens and learns.
<i>Practise empathy</i>	Understand others' feelings and perspectives before reacting.



## Deeds

*Actions That Reflect Your Values*



<b><i>Be generous with time and kindness</i></b>	Volunteer, be helpful, or simply be present for someone who needs support.
<b><i>Be a good sport</i></b>	Win or lose, play fair and be kind.
<b><i>Be brave</i></b>	Speak up if something is wrong and treat everyone kindly.
<b><i>Help without expecting praise</i></b>	Whether it's helping your classmate, offering your seat, or assisting someone in need, do it sincerely.
<b><i>Honour commitments</i></b>	Be reliable. If you say you'll do something, follow through. Manage your time.

## Manners for Young Gentlemen



<b><i>Use kind words</i></b>	Always say "please," "thank you," and "excuse me."
<b><i>Be a good listener</i></b>	Look at people when they talk and don't interrupt. Be respectful.
<b><i>Keep your hands to yourself</i></b>	Respect others' space and don't touch things that aren't yours.
<b><i>Dress neatly</i></b>	Respect yourself and respect others.
<b><i>Be polite in conversations</i></b>	Don't shout or talk over others.
<b><i>Say sorry when needed</i></b>	If you make a mistake, apologise and try to make it right.

# Student Achievements

Congratulations to our **Swimming Team** on achieving **Grade A-Overall Champion**, **Grade B-Overall Champion** and **Grade C-Overall First Runner-up** in the **Kowloon North Area Inter-Primary Schools Swimming Competition 2025-2026** on 15<sup>th</sup> October!

## NEW RECORDS

Grade B 50M Backstroke – 34.64

- Cheung Pak Yin (5B)

Grade B 4x50M Freestyle Relay – 2:08.76

- Ng Ting Chi Cyrus (4F)
- Lo Hiu Lok (5A)
- Cheung Pak Yin (5B)
- Hui Wan Ho (5C)



**5B Cheung Pak Yin** and **Grade B relay team** jointly broke two records. Both of them beat the records set by LSPS 26 years ago and 14 years ago respectively. Awesome!

Our **Senior Chinese Drum Team** participated in the **2025 Hong Kong Synergy 24 Drum Competition** on 1<sup>st</sup> November and captured the following awards:



- 冠軍
- 我最喜愛鼓隊
- 最佳隊形獎
- 最佳創作獎

*Impressive!*



Our **Chinese Orchestra** captured **Gold Award** at **2025 Hong Kong Youth Music Interflows - Chinese Orchestra Competition** on 21<sup>st</sup> November. Brilliant!



Our **English Choral Speaking Team** (comprising Primary 2 and 3 students) competed in the **77<sup>th</sup> Hong Kong Schools Speech Festival** on 21<sup>st</sup> November and was awarded **first** place. Hurray!



Our **Putonghua Choral Speaking Team** (comprising Primary 5 and 6 students) competed in the **77<sup>th</sup> Hong Kong Schools Speech Festival** on 24<sup>th</sup> November and was awarded **first** place. Spectacular!





# Prayer for KINDNESS

Heavenly Father,

cultivate in our students a heart of kindness.

May they be quick to help and slow to judge.

Teach them the power of a kind word and a gentle gesture.

May their actions reflect Your compassion and empathy,

influencing their world for the better.

Encourage them to spread kindness like seeds,

that it may blossom in their communities and beyond.

Amen.

St. John Baptiste de La Salle,

Pray for us

Live Jesus in our hearts,

Forever!



## **Prayer for the Residents of Wang Fuk Court**

On November 26,  
a five-alarm fire broke out in this housing estate.  
We implore the Lord to console all residents and faithful affected  
by this tragedy,  
and to grant eternal rest to those who have died.

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## **Prayer for the Wang Fuk Court Fire, Tai Po**

Merciful Lord,  
we lift up to You the residents of Wang Fuk Court in Tai Po,  
who have been afflicted by the disastrous fire  
We earnestly beg Your grace:  
show mercy to all who have died,  
and grant them eternal rest.  
We implore You to heal the injured,  
that in their suffering they may find Your comfort.  
We ask You to console all who have been displaced,  
that after their mourning they may rise again with renewed  
strength.  
Before such disaster we are weak and powerless.  
Have mercy on us, Lord:  
soothe our wounded hearts,  
wipe away the tears of all who grieve,  
and remain with us as we wait in darkness for Your saving help.  
May the prayers of Mary, Mother of the Church,  
be carried to You on behalf of all her children.  
Through Jesus Christ our Lord, hear our prayer.  
Amen.

St. John Baptiste de La Salle,

Pray for us

Live Jesus in our hearts,

Forever!



*(Prayer adapted from Hong Kong Catholic Diocesan Liturgy Commission)*